









# Bellhaven Dementia Unit Recreation Schedule C2

Schedule Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>There are two schedules depending on staffing</p> <p><b>#1 10am</b> Hymns &amp; Lyrics with Verona</p> <p><b>11am</b> Morning Stretch</p> <p><b>11:30am</b> Let's get hydrated</p> <p><b>2pm</b> Ice Tea Social</p> <p><b>3pm</b> Library Club Current Events to Fictional Stories</p> <p><b>4pm</b> Friendly Room Visits</p> <hr/> <p><b>#2 10am</b> Morning Stretch</p> <p><b>11am</b> Sing a Long</p> <p><b>2pm</b> Bingo</p> <p><b>3:15pm</b> Classic TV Hour</p> <p><b>4:15pm</b> Friendly Room Visits</p> 	<p><b>9:45am</b> Rosary &amp; Meditation</p> <p><b>10:30am</b> Cha- Cha in your Chair</p> <p><b>11am</b> Let's get hydrated</p> <p><b>2pm</b> Music as Therapy Find your rhythm</p> <p><b>3:15pm</b> Holiday Shows on the Big Screen</p> 	<p><b>10am</b> Sporty Tuesday A Series of Active Games</p> <p><b>10:30am</b> Let's get hydrated</p> <p><b>10:45am</b> Famous Faces &amp; Hollywood Trivia</p> <p><b>2pm</b> Music with Verona</p> <p><b>3pm</b> Winddown Social &amp; Conversation</p> <p><b>4pm</b> Friendly Room Visits</p> 	<p><b>10am</b> Sit &amp; Be Fit</p> <p><b>10:30am</b> Let's get hydrated</p> <p><b>10:45am</b> Brain Games</p> <p><b>2pm</b> Art Studio</p> <p><b>3pm</b> Adult Coloring Club</p> <p><b>4pm</b> Independent Activity Cart</p> <hr/> <p><b>Christmas Mass</b> <b>December 20<sup>th</sup></b> <b>10:15 1<sup>st</sup> FL MDR</b></p> 	<p><b>10am</b> News &amp; Views</p> <p><b>10:30am</b> Holiday Flavored Coffee Cart</p> <p><b>10:45am</b> Morning Fun Facts</p> <p><b>2pm</b> Journey Through the Senses</p> <p><b>3pm</b> Banjo Bob In Concert</p> <p><b>4pm</b> Friendly Room Visits</p> <p><b>6:30pm</b> An Evening with Friends</p> 	<p><b>9:30am</b> Play DJ</p> <p><b>2pm</b> Live Piano</p> <p><b>3:15pm</b> Holiday Trivia</p> <p><b>4pm</b> Independent Activity Cart</p> <p><b>Come Relax &amp; Rejuvenate</b></p>  	<p><b>10am</b> Strolling Coffee &amp; Conversation</p> <p><b>11am</b> Name that Tune</p> <p><b>2pm</b> Weekend Stretch</p> <p><b>3pm</b> Interactive Games Bingo, Family Feud, or The Price is Right See what Recreation has planned!</p> <p><b>3:30pm</b> Let's Get Hydrated</p> <p><b>4pm</b> Friendly Room Visits</p> 

Hanukkah Menorah Lighting Thursday, December 7<sup>th</sup> at 6pm

“White Christmas’ on the Big Screen Wednesday, December 11<sup>th</sup>

Ornament Designing Wednesday, December 13<sup>th</sup> at 2pm

Cheesecake & Strawberry Social with Caroling Thursday, December 14<sup>th</sup> at 3pm

“Radio City Rockette’s” on the Big Screen Wednesday, December 18<sup>th</sup>

Holiday Party with Matt Tuesday, December 19<sup>th</sup> at 2pm

Christmas Mass & Caroling Wednesday, December 20<sup>th</sup> at 10:15am

December Birthday Celebration Tuesday, December 26<sup>th</sup> at 3pm

Strolling Catholic Eucharistic Minister Visits Every Other Wednesday

Holiday Card Writing, Resident Council Holiday Party & more...

