

# Bellhaven Dementia Unit Recreation Schedule A2

Schedule Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>10am</b> Morning Stretch</p> <p><b>10:30am</b> Let's get hydrated</p> <p><b>2pm</b> Library Club Current Events to Fictional Stories</p>  <p><b>3pm</b> Old Time Classics</p> <p><b>4pm</b> Friendly Room Visits</p> 	<p><b>Morning</b> Strolling Music with Colin</p>  <p><b>2pm</b> Fun Facts</p> <p><b>3pm</b> Let's get hydrated</p> <p><b>3:15pm</b> Music as Therapy Find your rhythm</p> <p><b>4pm</b> Independent Activity Cart</p> 	<p><b>10am</b> Sporty Tuesday A Series of Active Games</p> <p><b>10:30am</b> Holiday Flavored Coffee Cart</p>  <p><b>10:45am</b> Famous Faces &amp; Places</p> <p><b>2pm</b> Brain Games</p> <p><b>3pm</b> Holistic Hour "Body, Mind &amp; Soul"</p> <p><b>4pm</b> Friendly Room Visits</p> 	<p><b>10am</b> Morning Movement &amp; Music</p> <p><b>10:30am</b> Let's get hydrated</p> <p><b>10:45am</b> Let's Play Word Power</p>  <p><b>2pm</b> Getting Creative with Neeka</p> <p><b>3pm</b> Movie Musical Matinee on the Big Screen</p> <p><b>4pm</b> Friendly Room Visits</p> <hr/> <p> <b>Christmas Mass</b> <b>December 20<sup>th</sup></b> <b>10:15 1<sup>st</sup> FL MDR</b></p>	<p><b>10am</b> Sit &amp; Stretch</p> <p><b>10:30am</b> Let's get hydrated</p> <p><b>10:45am</b> Reminisce with Terry</p> <p><b>2pm</b> Live Music with Banjo Bob</p> <p><b>3:15pm</b> Friendly Room Visits</p> <p><b>6pm</b> Evening Dance Party</p> 	<p><b>10:45</b> Play DJ with Movement</p> <p><b>2pm</b> Arts &amp; Crafts</p> <p><b>3pm</b> Adult Coloring Club</p>   <p><b>4pm</b> Independent Activity Cart</p>	<p><b>10am</b> Coffee &amp; Conversation</p>  <p><b>11am</b> Name that Tune</p> <p><b>2pm</b> Moving &amp; Grooving Exercise Hour</p> <p><b>3pm</b> Bingo</p>  <p><b>4pm</b> Independent Activity Cart</p> 



"White Christmas" on the Big Screen Wednesday, December 6<sup>th</sup>  
 Hanukkah Menorah Lighting Thursday, December 7<sup>th</sup> at 6pm  
 Holiday Party with Matt Tuesday, December 12<sup>th</sup> at 2pm  
 Ornament Designing Friday, December 15<sup>th</sup> at 2pm  
 Cheesecake & Strawberry Social with Caroling Thursday, December 14<sup>th</sup> at 2pm  
 Lake Ronkonkoma United Methodist Church Christmas Concert December 16<sup>th</sup> at 2:30pm  
 Christmas Mass & Caroling Wednesday, December 20<sup>th</sup> at 10:15am  
 "Radio City Rockette's" on the Big Screen Wednesday, December 20<sup>th</sup>  
 December Birthday Celebration Tuesday, December 26<sup>th</sup> at 2pm  
 Strolling Catholic Eucharistic Minister Visits Every Other Wednesday  
 Holiday Card Writing, Resident Council Holiday Party & more...