









Bellhaven Dementia Unit Recreation Schedule C2

Schedule Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>There are two schedules depending on staffing</p> <p>#1 10am Hymns & Lyrics with Verona</p> <p>11am Morning Stretch</p> <p>11:30am Let's get hydrated</p> <p>2pm Summer Time Ice Tea Social</p> <p>3pm Library Club Current Events to Fictional Stories</p> <p>4pm Friendly Room Visits</p> <hr/> <p>#2 10am Morning Stretch</p> <p>11am Sing a Long</p> <p>2pm Bingo</p> <p>3:15pm Classic TV Hour</p> <p>4:15pm Friendly Room Visits</p>	<p> 9:45am Rosary & Meditation</p> <p>10:30am Cha- Cha in your Chair</p> <p>11am Let's get hydrated</p> <p> 2pm Music as Therapy</p> <p>Find your rhythm</p> <p>3:15pm Finish the Phrase</p> <p>4pm Independent Activity Cart</p>	<p>10am Sporty Tuesday A Series of Active Games</p> <p>10:30am Let's get hydrated</p> <p>10:45am Famous Faces & Hollywood Trivia</p> <p> 2pm Music with Verona</p> <p>3pm Winddown Social & Conversation</p> <p>4pm Friendly Room Visits</p>	<p>10am Sit & Be Fit</p> <p>10:30am Let's get hydrated</p> <p>10:45am Brain Games</p> <p> 2pm Art Studio</p> <p>3pm Adult Coloring Club</p> <p>4pm Independent Activity Cart</p> <hr/> <p>Catholic Mass November 15th 10:15 1st FL MDR</p>	<p>10am News & Views</p> <p>10:30am  Coffee Social</p> <p>10:45am Morning Fun Facts</p> <p>2pm Journey Through the Senses</p> <p> 3pm Banjo Bob In Concert</p> <p>4pm Friendly Room Visits</p> <p>7:15pm Old Time TV & Snacks</p>	<p>9:30am Play DJ</p> <p>2pm  Live Piano Come Relax & Rejuvenate</p> <p>3:15pm This Day In History</p> <p>4pm Independent Activity Cart</p>	<p> 10am Strolling Coffee & Conversation</p> <p>11am Name that Tune</p> <p>2pm Weekend Stretch</p> <p>3pm Interactive Games Bingo, Family Feud, or The Price is Right See what Recreation has planned!</p> <p>3:30pm Let's Get Hydrated</p> <p>4pm Friendly Room Visits</p>



November Birthday Celebration Tuesday, November 7th at 3pm
 Fall Cooking Saturday, November 11th at 3pm
 Fall Concert with Liza Tuesday, November 21st at 2:30pm
 Celebrating Thanksgiving Thursday, November 23rd
 Thanksgiving Musical Stroll with Vance Saturday, November 28th at 2:30pm
 Strolling Catholic Eucharistic Minister Visits Every Other Wednesday